

Greek Yogurt Dip

Servings: 3

Total time: 10 minutes

Prep time: 10 minutes

Ingredients:

- 1 cup plain nonfat Greek yogurt
- 1/4 teaspoon gluten free Worcestershire sauce
- 1/2 teaspoon smoked paprika
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon dill
- Salt and pepper to taste

Directions:

Step 1

In a bowl combine all of the ingredients and stir.

Step 2

Garnish with fresh dill and serve with gluten free crackers or chips.